



Covid 19: Milford on Sea Youth Football Restart March 2021 STEP ONE

Risk	<p>Milford-on-Sea Youth Football Club is following the guidance and information provided by Public Health England and the Hampshire Fa Guidelines <u>at the time of publication</u>.</p> <p>This risk assessment will be continually reviewed and updated as the context we are working in / government or Hampshire FA advice changes.</p> <p>This assessment records site-specific arrangements.(Milford Recreation Ground and Everton Recreation Ground)</p>
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What are the hazards?	Who might be harmed and how?	What are you already doing (existing Control Measures)?	Do you need to do anything else to manage this risk (Additional Control Measures)?	Action by whom?	Action by when?	Status
Facility around Club	Arrival at Recreation Ground.	All participants (players, coaches, club and match officials, volunteers, spectators etc. should check for symptoms of Covid-19. If an individual is symptomatic and/or living in a household with a possible Covid-19 infection they should remain		Mangers, coaches and committee	On-going	LOW

	<p>Changing Rooms</p> <p>Toilet Facilities</p>	<p>at home and follow Government guidance. In addition, any participants who have been asked to isolate by NHS Test and Trace because they are a contact of a known Covid-19 case, must not exercise outside their home or garden and must not exercise with others.</p> <p>Changing room cannot be used as part of step one in the roadmap out of lockdown there for changing facilities will be shut.</p> <p>Toilets will be allowed to open, 30 minutes before and 30 minutes after training and/ or matches. All Government guidance on hygiene and social-distancing measures must be followed.</p>			On-going	LOW
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				Mangers, coaches and committee	On-going	LOW
Group transmission	All coaches, players,	<p>People on site: players, young people, parents, carers or any visitors, will continue to be advised not to enter the Training Ground if they are displaying any symptoms of coronavirus.</p> <p>Parents and/ or carers should only enter the site if their child has specific needs. Only one adult will need to accompany the child.</p> <p>There will be safety posters on the site.</p> <p>All communication with parents will be by telephone or Group Chats also updated on website and facebook page</p> <p>Players who are socialising outside of training should adhere to the social distancing guidelines.</p> <p>Routines, spaces and movement: Start times and locations will be varied so that opportunities for group transmission is reduced. This information will be shared with all parents and a poster will be displayed at each of the official site entrances.</p>		Mangers, coaches and committee	On-going	LOW

	<p>All coaches who will be working as part of this restart will be briefed before training begins.</p> <p>Coaches are encouraged to limit persistent close proximity of participants during match and training.</p> <p>Individuals who become unwell on the site: If a player becomes unwell during the training session, they should immediately isolate from the other players and parents/ carers will be called.</p> <p>Parents will be contacted and asked to collect their child immediately.</p> <p>Any coaches staff exhibiting symptoms compatible with coronavirus will not attend training parents will be contacted and the session will be cancelled. They will apply for a test immediately and If a negative outcome is received, they may return to training and resume their duties.</p> <p>When a child, young person develops symptoms compatible with coronavirus, they should be sent home and advised to self-isolate for 7 days. Their fellow household members should self-isolate for 14 days.</p> <p>Where the child, young person or coach tests negative, they can return to their setting and the</p>				
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Spectators	Social Distance of parents.	<p>fellow household members can end their self-isolation.</p> <p>Parents have been asked to inform the club/ coach immediately if there have been changes in their emergency contact details.</p> <p>All club and managers should keep a record of attendees, at a match or training session, including contact details to support the NHS test and trace should someone become unwell or tests positive for COVID-19</p> <p>PLAYERS AND OFFICIALS SHOULD SANITISE HANDS BEFORE AND AFTER A GAME OR TRAINING AS WELL AS SCHEDULED BREAKS THROUGHOUT A GAME OR TRAINING SESSION.</p> <p>SOCIAL DISTANCING IN PLACE BEFORE AND AFTER AS WELL AS BREAKS IN PLAY.</p> <p>Only one parent or carer is permitted per child playing football in line with the guidelines they should also follow social distancing rules by keeping two metres apart on side-line and also keeping to their designated areas.</p>				
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<p>Travel to training and matches.</p>	<p>Everyone</p>	<p>All participants must follow the government's guidance on safer travel . Participants should note that this guidance will be updated as we move through the different steps of the Government's roadmap. All participants should therefore regularly review this guidance to make sure they are following up to date information.</p> <p>Hands should be washed at the earliest opportunity and personal equipment should be wiped down with a disinfectant. Individuals should take their own kit home to wash it</p>				
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		<p>before other team arrive. All spectators will be asked to sign in and then will go to the pitch where display boards will be for information and direction to where you can spectate from home/away this will then be minimum 2 metres apart from each other and then each side of supporters will socially distance.</p> <p>Symptom checker needs to be done prior to games which has been updated and the manager should keep track and ask the parent if this has been completed by them for their children.</p> <p>There is to only be one parent/ guardian per child playing. This is in line with the FA Regulations.</p> <p>Mangers will also carry hand sanitizer and during break in football and any other stoppages hygiene will be applied and all players in team will sanitize hands and disinfect the ball. Also supporters must allow players to retrieve the ball.</p> <p>EVERYONE MUST OBTAIN SOCIAL DISTANCE SUPPORTERS AND PLAYERS WHEN THEY ARE NOT PLAYING FOOTBALL, OR GOING TO USE TOILET IN CLUBHOUSE. Parents must stay within their designated side of pitch and not cross over to opposition side.</p>				
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		Players should come changed and ready to participate.				
Behaviour	All coaches and players	<p>Players will be reminded to follow the MOSYFC Behaviour Policies.</p> <p>Normal Safeguarding procedures to be followed, including updated guidelines in the Safeguarding policy.</p>		Managers, coaches and committee	On-going	LOW
PPE	All coaches and Players	<p>'Wearing a face covering or face mask at training is not recommended..</p> <p>.</p> <p>Gloves must be worn when administering First Aid.</p>	Plan your clothing appropriately	Managers, coaches and committee	On-going	LOW
First Aid	Managers and coaches	<p>There will always be one first aider on site at each training session</p> <p>Children Self medicating:</p> <p>Parents must ensure medication is with there child at each training session and inform managers of any changes</p> <p>If there is a first-aider or other medical personnel present, they should be equipped with the appropriate PPE (including face coverings) to protect themselves and others if they need to</p>		Managers and coaches and parents	On-going	LOW-MEDIUM

		compromise social-distancing guidelines to provide medical assistance. After contact with an injured participant, the person who has administered first aid should clean their hands thoroughly with soap and water or alcohol hand sanitiser at the earliest opportunity.				
		It is important to model to young children how to wash their hands properly and to make sure that they can do this independently.				
Coaches told to check that self-screen checks have been done	Players and coaches	Each manager will be told to control this themselves by holding a register and getting the parents to confirm to the managers/ coaches that the self-screen test has been done and not displaying symptoms them they will be allowed to play	Check list and confirmation from parents	Managers	Ongoing	medium
COVID- 19 TOUCHLINE AND MATCHES	Players and coaches	Pre-match handshake should not happen. Instead players will be asked to handsanitise before kick-off; • Team talk huddles should not take place. Team talks can take place, as long as social- distancing is observed and held outdoors where possible; • Warm-ups/cool-downs should always observe social distancing;				

		<ul style="list-style-type: none"> • Coaches, other team staff and substitutes are allowed, but must also always observe social distancing on touchlines/dug-outs. Social-distancing must also be observed during interactions when a substitution is being made; • Goal celebrations should be avoided; • Interactions with referees and match assistants should only happen with players observing social distancing; <p>Ball transfer- The nature of football means that the ball is not frequently handled. When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible. Where there are breaks in the game, or training, if throw-ins or handling has occurred the ball should be disinfected.</p> <p>Spitting- Everyone should refrain from spitting. If you need to sneeze or cough, you are encouraged to do so into a tissue or upper sleeve and advised to avoid touching your face. Ensure any tissues are disposed of in a sealed bin as soon as possible.</p>				
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Risk Assessor Sarah Elliott Secretary	Signature	Date
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Responsible Manager	Signature	Date
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Date Reviewed	Signature	Role

Additional actions following SLT meeting (20.05.20)

***Clinically extremely vulnerable individuals are considered by Public Health England to be the following people**

1. have had a solid organ transplant – kidney, liver, pancreas, heart, or lung
2. are having treatments for some cancers
3. have severe long-term lung disease including cystic fibrosis and severe asthma
4. have rare diseases and inborn errors of metabolism that increase their risk of infection
5. are on medication that compromises their immune system and so are much more likely to get infections and become seriously unwell from them
6. are pregnant with significant heart disease

<https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>

****Clinically vulnerable individuals**

- aged 70 or older (regardless of medical conditions)

- under 70 with an underlying health condition listed below (that is, anyone instructed to get a flu jab each year on medical grounds):
- chronic (long-term) mild to moderate respiratory diseases, such as asthma, chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
- chronic heart disease, such as heart failure
- chronic kidney disease
- chronic liver disease, such as hepatitis
- chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), or cerebral palsy
- diabetes
- a weakened immune system as the result of certain conditions, treatments like chemotherapy, or medicines such as steroid tablets
- being seriously overweight (a body mass index (BMI) of 40 or above)
- pregnant women